



The Wickford C of E School

# Newsletter



Headteacher: Mrs. Louise Johnson  
26<sup>th</sup> April 2019

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## ATTENDANCE

**TARGET: 100%**

### WHOLE SCHOOL

**ATTENDANCE FOR LAST  
WEEK: 94.9%**

### CLASS ATTENDANCE

Flamingo: 93.1%

Parrot: 77.9%

Puffin: 96.5%

Robin: 100%

Wren: 98.4%

Penguin: 100%

### PADDINGTONS

Flamingo: Ivy, Nifemi, Mia  
B and Tyler

Parrot: Bertie, Treavon,  
Gabriela and Olivia S

Puffin: Iris, Hallie, Kiamil  
and Bolu

Robin: Matilda, Olivia,  
Charlie-Joe and Jake T

Wren: George L, Amelia  
W, Shri and Jimmy

Penguin: Shannel, Ariella,  
Thomas C and Ronnie J

Dear Parent/Guardian,

Welcome back, the final term is upon us! Staff and children have hit the ground running for the last term of the year. It is a pleasure to see such hard working classrooms. We look forward to a fun and inspiring term.

Many thanks to the EYFS team and Mr Boswell for their hard work during the Easter holiday. The outside area looks amazing.

**DATES FOR DIARY** - Please see attached.

Sports Morning - details as per the dates sheet. We are liaising with the Council regarding this; we let you know more details as soon as we know them.

**HAIRCUTS** Just a little reminder about haircuts. Please be cautious not to have hair lengths that differ greatly in length (shaved and lengthy) or have carvings shaved into them. These are not part of the dress code. Many thanks.

**THURSDAY UNIFORM** Children are welcome to wear black shorts or a 'skort' as summer uniform instead of brown joggers.

**MILK MONEY** Please note £8.97 is due for this half term.

**CLUBS** These have started. Many thanks to Mrs. Tucker; she has worked hard to turn around the club requests. We hope that your little ones will enjoy the after school provision.

**ABSENCE GUIDELINES** For your reference these are attached.

**PARKING** Please be mindful of parking sensibly, one parent has sent on details of a black vehicle, registration: A16 FEY. If this is your car, please do not park on yellow lines, next to the parking people boards. Many thanks.

**SEEING CHILDREN TO CLASSES** Please ensure you see your child/children to the classroom door/s to know they are safe each morning. We do not have staff on duty at this time.

**TOP TECH TIP** Please see the attached information about Devices within the home.

### MOMENT OF LOVELINESS

Year 2 went swimming on Wednesday, what fantastic fun they had in the pool. This was great to hear.

**THE EASTER BONNET PARADE** This was a lovely event! Thank you so very much for your support, the children loved sharing their creations. We also raised £66 for DIPG.

During the holiday four little boys; Jacob, Louie, Jimmy and Jake celebrated their 7<sup>th</sup> birthday. Instead of receiving presents they asked for donations for DIPG, in memory of their friend, Olivia. They raised an amazing total of £1355. Words cannot explain how very proud we are of these little boys, how generous, kind and selfless.

**RED OAK ROLLER** The school uniform shop Red Oak Roller will be closed on Saturday 29<sup>th</sup> April. They apologise for any inconvenience.

**LUNCH MENU** From Monday there will be a new lunch menu which is attached for you to see. It is also on the website for future reference.

**TODDLER FAYRE** Please see the attached flyer for a Parent and Toddler Fayre.

#### **HIRE THE HALL**

Need to organise a children's party? Need some space to run an event? If so, please note that the school hall is available for hire. Prices start at £85 for a three hour slot, but we can arrange bookings for shorter or longer periods to suit your needs. Just call into the office and let them know what you are planning. We will try our very best to help.

Have a wonderful weekend, let us hope the sun continues to shine. Please remember water bottles but rain coats as well next week!

Mrs Johnson



# Wickford C of E School Spring/Summer 2019 - Week 1

## Option 1

## Option 2

## Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Meat Feast Pizza served with Rice Salad & Coleslaw	Italian Style Beef Meatballs in a rich Tomato & Basil Sauce with Pasta Quills & Sweetcorn	Roast Chicken Thigh & Stuffing served with Roast Potatoes, Seasonal Vegetables and Gravy	Homemade Puff Pastry Sausage Roll served with New Potatoes and Baked Beans	MSC Battered Cod Fillet served with Oven Chips and Garden Peas
Jacket Potato with Cheese, Baked Beans or Tuna	Cheese, Bean & Spinach Stack Wrap served with Rice Salad & Coleslaw	Quorn Sausage served with Roast Potatoes, Seasonal Vegetables & Gravy	Italian Quorn Pieces in a Tomato Sauce with Wholemeal Pasta & Mixed Salad	Cheese & Tomato Pizza served with Oven Chips & Peas
Freshly Cut Fruit or Organic Fruit Yoghurt or Chocolate Chip Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt or Lemon Drizzle Cake	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly	Freshly Cut Fruit or Organic Fruit Yoghurt or Rice Krispie Cakes	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Fairy Cakes

Week commencing - 29th April, 20th May, 17th June, 8th July, 2nd September, 23rd September & 14th October

*All of our meat is Farm Assured and is locally sourced. Our fish is Marine Stewardship Council approved.*



This QR code can be read by any barcode scanner app on your smart phone to access the allergen and nutritional data. Or visit <http://j.mp/2TDxiIQ>

**ASHLYNS**  
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Available Daily ...  
Wholemeal bread  
Choice of salads  
Water



# Wickford C of E School Spring/Summer 2019 - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	Mexican Chicken Wrap served with Brown Rice & Salad	Beef Lasagne served with Mixed Green Salad	Roast Gammon served with Mashed Potatoes, Sliced Carrots & Gravy	All Day Breakfast including Hash Browns	MSC Battered Cod Fillet served with Oven Chips and Minted Peas
<b>Option 2</b>	Cheese & Potato Pasty served with New Potatoes & Sweetcorn	Macaroni Cheese served with Mixed Green Salad	Roasted Vegetable & Lentil Strudel served with Mashed Potatoes, Sliced Carrots & Gravy	Jacket Potato with Cheese, Baked Beans or Tuna	Mexican Quorn Wrap served with Brown Rice & Salad
<b>Dessert</b>	Freshly Cut Fruit or Organic Fruit Yoghurt or Shortbread	Freshly Cut Fruit or Organic Fruit Yoghurt or Iced Chocolate Sponge	Freshly Cut Fruit or Organic Fruit Yoghurt or Frozen Yoghurt	Freshly Cut Fruit or Organic Fruit Yoghurt or Raspberry & White Chocolate Muffin	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Jelly

Week commencing - 6th May, 3rd June, 24th June, 15th July, 9th September, 30th September & 21st October

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# Wickford C of E School Spring/Summer 2019 - Week 3

## Option 1

## Option 2

## Dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Sticky Chicken Thigh served with Wholemeal Rice & Peas	Cheese & Bacon Whirl served with New Potatoes & Green Beans	Roast Turkey & Stuffing served with Roast Potatoes, Seasonal Vegetables & Gravy	Ashlyns Beef Burger in a Bun served with Pasta Salad	MSC Cod Fish Fingers served with Oven Chips, Pasta Hoops or Baked Beans
Meat Free Burger in a Bun served with Pasta Salad	Covent Garden Pie served with New Potatoes & Green Beans	Cheese & Potato Whirl served with a few Roast Potatoes, Seasonal Vegetables & Gravy	Wholemeal Roasted Vegetable & Chickpea Paella served with Peas	Cheese & Pepper Wrap Stack served with Oven Chips, Pasta Hoops or Baked Beans
Freshly Cut Fruit or Organic Fruit Yoghurt or Cherry Cookies	Freshly Cut Fruit or Organic Fruit Yoghurt or Banana Cake	Freshly Cut Fruit or Organic Fruit Yoghurt or Ice Cream	Freshly Cut Fruit or Organic Fruit Yoghurt or Fruit Flapjack	Freshly Cut Fruit or Organic Fruit Yoghurt or Marble Sponge

Week commencing - 13th May, 10th June, 1st July, 22nd July, 16th September & 7th October

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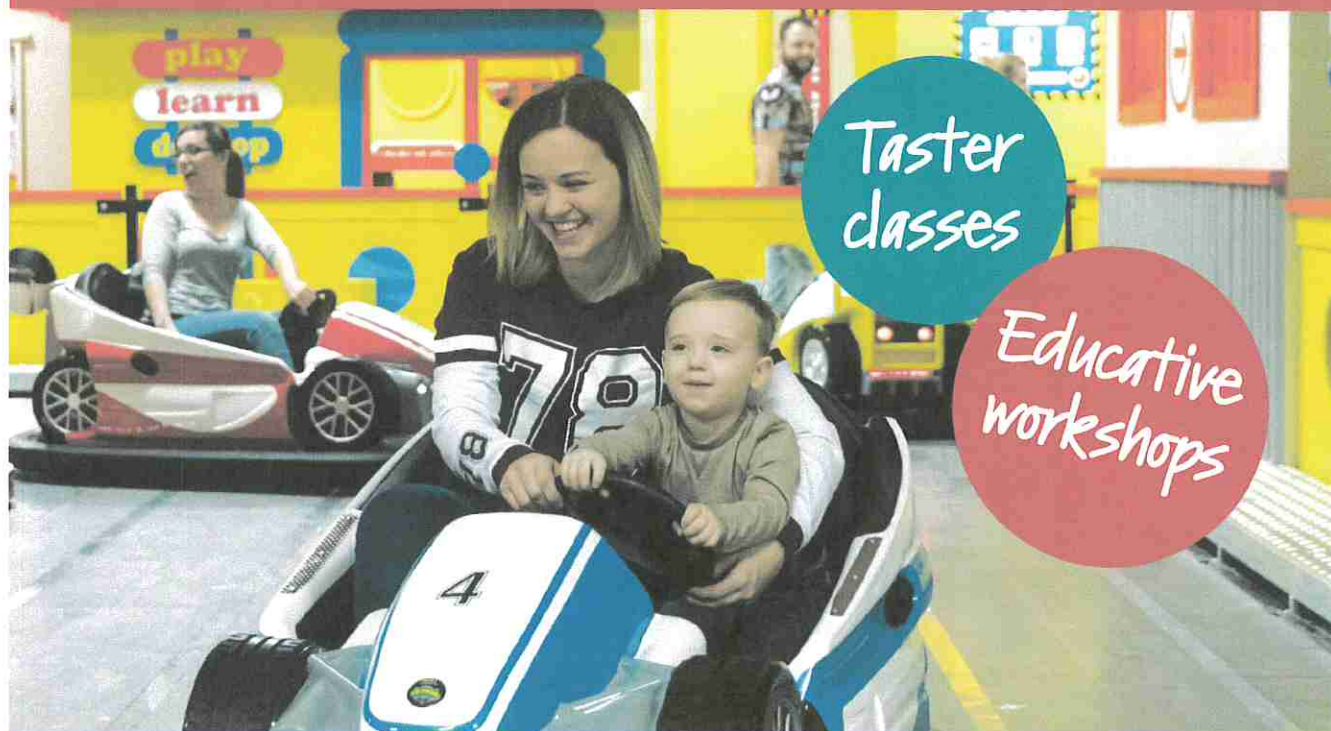
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Available Daily ...  
Wholemeal bread  
Choice of salads  
Water



# 360 Play Basildon

## Parent and Toddler Fayre



Taster  
classes

Educative  
workshops

Wednesday 1st May

Free entry into the centre from 9.30-2.30  
*Then stay for as long as you like*

**A FREE day of fun for local families**

Educative classes/workshops by professionals

Stalls from:

local businesses, toddler classes and local nurseries

Tasters and so much more!

Stalls  
from local  
companies

Local  
nurseries



follow us on Facebook - 360 Play Basildon Ltd



## The place to play




















## What to do

Advice on  
childhood illnesses

Go to school; if  
needed get  
treatment as shown

Can be catching.  
Some restrictions for  
school attendance

Don't go to school  
and see the GP

What it's called	What it's like	Going to school	Getting treatment	More advice
<b>Chicken Pox</b>	Rash begins as small, red, flat spots that develop into itchy fluid-filled blisters		Pharmacy	Back to school 5 days after on-set of the rash
<b>Common Cold</b>	Runny nose, sneezing, sore throat		Pharmacy	Ensure good hand hygiene
<b>Conjunctivitis</b>	Teary, red, itchy, painful eye(s)		Pharmacy	Try not to touch eye to avoid spreading
<b>Flu</b>	Fever, cough, sneezing, runny nose, headache body aches and pain, exhaustion, sore throat		Pharmacy	Ensure good hand hygiene
<b>German measles</b>	Fever, tiredness. Raised, red, rash that starts on the face and spreads downwards.		G.P.	Back to school 6 days from on-set of rash
<b>Glandular fever</b>	high temperature, sore throat; usually more painful than any before and swollen glands		G.P.	Child needs to be physically able to concentrate
<b>Hand, foot &amp; mouth disease</b>	Fever, sore throat, headache, small painful blisters inside the mouth on tongue and gums (may appear on hands and feet)		G.P.	Only need to stay off ill feeling too ill for school
<b>Head lice</b>	Itchy scalp (may be worse at night)		Pharmacy	
<b>Impetigo</b>	Clusters of red bumps or blisters surrounded by area of redness		G.P.	Back to school when lesions crust or 48 hours after start of antibiotics
<b>Measles</b>	Fever, cough, runny nose, and watery inflamed eyes. Small red spots with white or bluish white centres in the mouth, red, blotchy rash		G.P.	Back to school 4 days from on-set of rash
<b>Ringworm</b>	Red ring shaped rash, may be itchy rash may be dry and scaly or wet and crusty		G.P.	
<b>Scabies</b>	Intense itching, pimple – like rash Itching and rash may be all over the body but commonly between the fingers, wrists, elbows, arm		G.P.	Back to school after first treatment
<b>Shingles</b>	Pain, itching, or tingling along the affected nerve pathway. Blister-type rash		G.P.	Only stay off school if rash is weeping and cannot be covered
<b>Sickness bug/ diarrhoea</b>	Stomach cramps, nausea, vomiting and diarrhoea		Pharmacy	See GP if symptoms persist after 48 hours
<b>Threadworms</b>	Intense itchiness around anus		Pharmacy	Ensure good hand hygiene
<b>Tonsillitis</b>	Intense Sore throat		Pharmacy	See GP if temperature lasts more than 48 hours or cannot swallow
<b>Whooping cough</b>	Violent coughing, over and over, until child inhales with "whooping" sound to get air into lungs		G.P.	Back to school after 5 days of antibiotics or 21 days from onset of illness

See [www.patient.co.uk](http://www.patient.co.uk) for further information on each of these conditions

This leaflet has been produced in partnership between



This information is a guide and has been checked by health professionals however, if you are unsure about your child's wellbeing we recommend you contact your pharmacy or GP to check.



Smart devices promise to make our lives easier. And in many cases - they do. But these new technologies present risks too. Whether you're using a digital assistant to record your shopping list or you're controlling your lights through a smart system, many smart functions can be 'hacked' and controlled by someone outside your home. This guide will help you identify some of the ways you can stay alert and protect yourself.

## 1 KNOW THE RISKS

The success of any smart device relies on it communicating with other devices using the Internet. It's an unavoidable part of using smart devices, but it does expose you to numerous risks. Attackers could use the Internet connection to steal your data for identity fraud or to make unauthorised purchases through your devices. There is even potential for more sinister exploitation, such as child grooming or cyber-bullying.

## 2 WHAT IS THE INTERNET OF THINGS?



This is the term given to all the devices connected to the Internet in your home. It includes a new digital doorbell connected to your smartphone, your kettle that boils when you tell it to on your tablet or your heating that comes on when you swipe on your smart watch. The Internet of Things (IoT) is designed to make life easier, but it also opens up your home network to potential cyber-attacks. It doesn't mean you can't enjoy the benefits, but it does mean being aware of the potential negatives.

## 3 CHECK ENCRYPTION SETTINGS

Whenever data is sent over the Internet, it is 'encrypted'. This makes it harder to read if it's intercepted. You should look to use a strong encryption setting, such as WPA2, rather than WPA or WEP. Again, you can check your router manual for how to do this.

## 4 SECURE YOUR DEVICES

If you do use apps on your smartphone to control devices in your home, make sure your smartphone is secure. At the very least makes sure the pin function is enabled, as well as any biometric authentication you have. Where possible, it's also a good idea to download some anti-virus software for your smartphone.

## 5 KEEP YOUR SOFTWARE UP TO DATE

Manufacturers constantly update and improve software used in smart devices. Some will automatically alert you to an update, but not all do. To be on the safe side, it's a good idea to set reminders in your calendar. Check the manufacturer's website for any updates and run them if necessary.

## 6 RENAME THE 'GATEWAY' TO YOUR HOME

Your Internet router is the virtual gateway to your home network. It needs protecting. To do this, you should change the default name (the SSID) and password. You can usually find steps to do this in the instruction manual. Don't use your family name. Choose something more obscure. Make the password complicated too, using upper and lower case letters, numbers and symbols. Do this for your router and any other smart devices connected to the Internet.



# 14 Top Tips To Get Smart About The DEVICES In Your Home



National Online Safety®



## 7 USE A SEPARATE NETWORK FOR GUESTS

If your router has a feature that allows you to set up a separate network for guests, you should use it. That way, when guests use your Wi-Fi they won't have access to your devices.

## 10 TRUST YOUR INSTINCTS

If you ever feel something is wrong or your network is being exploited, visit the manufacturer's website or ring their technical support department. It's better to be safe than sorry.

## 11 UPDATE SOFTWARE

Manufacturers constantly update and improve software used in smart devices. Some will automatically alert you to an update, but not all do. To be on the safe side, it's a good idea to set reminders in your calendar. Check the manufacturer's website for any updates and run them if necessary.

## 8 SAY GOODBYE TO SIRI AND ALEXA

It's a good idea to change the activation words on your smart devices so they are unique to you and your family. This makes it that much harder for people to break into your smart devices.



## 9 DEACTIVATE ANY UNNECESSARY FEATURES

Though it's a fun idea, you probably don't need to control your kettle from outside the house. In fact there are often many unnecessary features included on smart devices. Where possible, you should look to disable these. Doing so reduces the ability for people to hack your devices. And, when someone sees you've actively taken steps to increase security, they're less inclined to try to compromise them.



## 12 BUILD A WALL

You could also purchase a dedicated 'firewall' device. This is something that plugs into your network and stops cyber threats reaching your router. Some routers do have a firewall element included, but they are no replacement for the real thing. A firewall device thoroughly analyses information coming into and out of your network and helps stop malicious attacks. A security device is strongly recommended to anyone who works from home or deals with sensitive information.



## 13 SECURE YOUR SMARTPHONE

### SECURE YOUR SMARTPHONE

If you do use apps on your smartphone to control devices in your home, make sure your smartphone is secure. At the very least makes sure the pin function is enabled, as well as any biometric authentication you have. Where possible, it's also a good idea to download some anti-virus software for your smartphone too.



## 14 REGULARLY AUDIT YOUR DEVICES AND CONSOLES

### REGULARLY AUDIT YOUR DEVICES AND CONSOLES

Every now and then you should check through all of your smart devices (including games consoles connected to the Internet). Turn them off at the mains and disconnect them from the Internet. In fact, it's good practice to disconnect any devices that aren't in use. It's a small thing but really does help. Even when you think a device might be in sleep mode, if it's connected to the Internet it could still be listening or streaming data.



## Meet our expert

Emma Davis was a secondary school Computer Science teacher for more than decade. Since leaving education, she has been working in a cyber security firm delivering cyber awareness training to businesses and carrying out network testing. She is a mother of a five-year-old, she's had vast experience of controlling and managing how children access online services and use apps.





## Dates for diary - Summer 2019

<u>Date</u>	<u>Event</u>
Wednesday 24 <sup>th</sup> April	Swimming starts - Year 2
Monday 29 <sup>th</sup> April	Class group photos
Friday 3 <sup>rd</sup> May	Olympian assembly and circuit
Saturday 11 <sup>th</sup> May	Teacher skydive - details to follow, all welcome
Monday 20 <sup>th</sup> May	Compulsory Thriftwood meeting - details to follow
Friday 24 <sup>th</sup> May	Deadline for Thriftwood form to be returned.
Monday 27 <sup>th</sup> May- Friday 31 <sup>st</sup> May	Half term week
Monday 17 <sup>th</sup> June	FS trip - details to be confirmed
Wednesday 19 <sup>th</sup> June	Year 1 & 2 Trip to Wat Tyler Park - details to be confirmed
Thursday 20 <sup>th</sup> June	Year 2 Thriftwood
Friday 21 <sup>st</sup> June	Year 2 Thriftwood
Wednesday 26 <sup>th</sup> June	Wickford Dance festival - details to follow
Friday 28 <sup>th</sup> June To be confirmed	Sports morning - details to follow Approx start 9.30am. This is weather permitting
Monday 1 <sup>st</sup> July	1.30pm Induction for new FS children. 9am Current FS parents to meet Miss Bristow for transition meeting
Tuesday 2 <sup>nd</sup> July	2:15pm Read to an elderly relative - details to follow



Thursday 4 <sup>th</sup> July	Induction for new FS children
Friday 5 <sup>th</sup> July	Year 2 transition across the town - details from individual schools to follow
Saturday 6 <sup>th</sup> July	Summer Fete - details to follow
Monday 8 <sup>th</sup> July	Celebration open evening and art exhibition - all welcome to attend, work and classrooms open. Foundation Stage and year 1 meet the teacher in the morning. Reports and new class arrangements sent home.
Tuesday 9 <sup>th</sup> July	Induction for new FS children
Wednesday 10 <sup>th</sup> July	1:30 Summer concert - Siblings welcome
Thursday 11 <sup>th</sup> July	1:30 Summer concert
Friday 12 <sup>th</sup> July	1:30 Summer concert
Tuesday 16 <sup>th</sup> July	Swimming pool day
Wednesday 17 <sup>th</sup> July	Induction for new FS children
Thursday 18 <sup>th</sup> July	Church service - TBC
Friday 19 <sup>th</sup> July	1:30 Leavers concert - Year 2 parents only Last day of the school year!

Drumming assembly to be arranged